

Prevention Partners

CHILD ABUSE PREVENTION FOUNDATION



summer
2007

Providing Help and Hope for San Diego's Abused Children

The CAPF Birthday Club Makes Wishes Come True

For most children, birthdays are happy occasions shared with friends and family. But for many children removed from their homes because of abuse or neglect, the years of their young lives have rolled by without any celebration to mark the day they were born. Birthdays too often have become another sad reminder of their lack of loved ones who care about their special day.

"Thank you for giving me a \$25 card for my birthday. With my \$25, I bought a two-way radio. I'm really happy."

- Klark

Twelve-year-old Klark is an orphan who has spent most of her life in foster and group homes. After her Birthday Club shopping trip, she said that it had been the best day of her life.

Approximately 7,000 children live in foster care in San Diego County. Because of the Child Abuse Prevention Foundation's Birthday Club, hundreds of these children every year are able to celebrate their birthday with a \$25 gift certificate to be spent on something just for them. These gift certificates are made possible through the donations of individuals or businesses that join the Birthday Club. Our members commemorate their birthday or that of someone close to them by designating their donation be spent on a gift certificate for a foster child who shares the same birthday month.



"Thank you for the K-Mart gift card. I bought a stuffed black and white snow tiger. I also got a transformer. You made my birthday very fun and special."

- Christopher

Ten-year-old Christopher and his sister live in a group home because their adoptive parents are no longer able to care for them. Chris also bought a gift for his sister.

For many of these children, this will be the only birthday gift they receive to mark what is normally a fun, special day in a child's life. With their gift certificate, a child might buy a pair of shoes, a doll, or a video game – anything they want. How the children celebrate their special day is shared with Birthday Club members through thank you notes sent by the children.

We want to make birthday wishes come true for more of San Diego's abused and neglected children. Bring a little happiness into a child's life on their birthday by making a donation to the Birthday Club. Do it in honor of your own or a loved one's birthday. A \$25 donation will grant one child's birthday wish and, more importantly, let them know that someone cares about them on what is meant to be a happy and special day.

"Thank you for the gift certificate. I bought a jogging suit, pizza, a soft drink and a small shake. I put a dollar in church."

- Ben

Ben is 10 years old and is in foster care.

To help the Child Abuse Prevention Foundation, call 858-278-4400 or visit www.capfsd.org.

To report suspected cases of child abuse, call the Child Abuse Hotline at 858-560-2191, or your local law enforcement agency.



Chairman's Message

We celebrated another successful year with our annual board meeting and dinner at the University Club. Our new slate of board officers was installed and several new board members were introduced. I was pleased and honored to be selected to guide the

Foundation as chairman for another year. I am looking forward to working closely with our new CEO, Susan Golding, and our board members -- the many outstanding individuals that comprise the leadership of the organization.

CAPF is entering a new phase as we say good-bye and give our heartfelt thanks to our executive director for the past five years, Teresa Stivers. CAPF has thrived under Teresa's leadership, and in the past year we entered a new phase with even more ambitious fund-raising goals.

Teresa was a hard person to replace; however, our selection committee and the board felt strongly that Susan Golding is the person to lead us into the future. Susan has more than two decades of public service, notably, of course, as San Diego's mayor for two terms. She is known as an innovator and a visionary -- qualities that will be important as she helps usher CAPF into its second quarter-century of helping our children in need. Susan's future with CAPF is building upon a long history of support for our organization. Her involvement dates back to the advice and encouragement that she gave to our founder, Norma Hirsch, in pursuing her vision of creating the Child Abuse Prevention Foundation, with an initial focus on building a state of the art emergency children's shelter. As a county supervisor,

Susan was one of the earliest supporters of what is today the Polinsky Children's Center. Since then, Susan has remained a dedicated advocate for children. We welcome her to CAPF as a great asset in our efforts to help San Diego's abused and neglected children.

Our Guardian Scholars event has always been one of my favorites. This year's dinner, held at the Bahia Hotel, was no exception. Fifty former foster youth were awarded scholarships through CAPF's Guardian Scholars program. Hearing them all talk of their plans for the future reinforced the commitment of all of us to ensure that this and our other visionary programs not only continue, but expand and thrive.

I look forward to working together to make the coming year a successful one.

Sincerely,
Terry Gulden
Chairman of the Board of Directors



Hon. Susan Golding

CAPF Welcomes New Members and Honors Outgoing Members at Annual Board Dinner

On June 6, CAPF board members and guests gathered at the University Club at Symphony Towers for the annual CAPF board dinner and meeting. Executive Director Teresa Stivers and Chairman Terry Gulden welcomed new board members Kendra Thomas, LJ & Blair Nicholas and Derrick Thomas to CAPF's board of directors.

Outgoing board members Leslie Levinson and Christina Kanelos were honored for their commitment to breaking the cycle of child abuse and many years of service to the foundation. Levinson served 11 years as a board member and CFO of the organization. Kanelos served three years and on event planning committees during her term.

The 2007 CAPF slate of officers were announced, along with the hiring of Susan Golding as president and CEO.

As part of April's Child Abuse Prevention Month, CAPF received a proclamation from the San Diego County Board of Supervisors. Pictured are Supervisor Cox with CAPF Co-Founders Norma Hirsh and Rob Butterfield.



Board of Directors

- Terry Gulden, *Chairman*
- Lois Fong-Sakai, *Chair of Nominating Committee*
- Yvonne Campbell, *VP Administration*
- Joyce Nelson, *Secretary*
- Susan Strom, *VP Facilities*
- Jason Howerton, *VP Resource Development*
- Stan Panikowski, *VP Board Development*
- Ken Van Damme, *Chief Financial Officer*

- Everett & Maudie Bobbitt
- Robert K. Butterfield, *Co-Founder*
- Renée Comeau
- Robert E. Duggan
- Sheldon Greenberg
- Norma Hirsh, *Co-Founder*
- Pamela Hunt, *PCC Auxiliary President*
- Patty & Vic Ippolito
- Jeanne & Ray Lucia
- Noelle & Tim Ludwig
- LJ & Blair Nicholas
- Kris Panikowski
- Derrick Thomas
- Kendra Thomas

Emeritus Board Members

- Mary & Jack Goodall
- Craig Irving
- The Honorable J. Lawrence Irving
- The Honorable James R. Milliken
- Jeannie & Arthur Rivkin

Local Golfers Swing into Summer and Help Children at the **SCRIPPS INVESTMENTS & LOANS** Fore Kids Golf Tournament

What a day it was! More than 100 local golfers and longtime CAPF supporters gathered at the magnificent Crosby Golf Club at Rancho Santa Fe for a tournament round of 18 with a meaning – to help thousands of San Diego’s children living in crisis due to abuse. Non-golfers also shared in the day by participating in an afternoon of relaxation and pampering at the newly opened spa.

All participants were treated to an evening reception and silent auction, followed by dinner and an exciting live auction that featured a one-of-a kind vacation to Tuscany. Guardian Scholars, Justin Anastasia and Brittanny Hoffman gave moving speeches about the importance of scholarships for former foster youth.

Thank you to the 2007 Fore Kids tournament committee, volunteers, sponsors, participants and donors who helped CAPF raise close to \$120,000.

And special thanks go to Jeanne and Ray Lucia, CAPF board members and the 2007 tournament hosts at the Crosby Club.



Thank you to our 2007 Sponsors

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San Diego Services

CAPF Guardian Scholars Helps Students on the Road to Success

The road to success can be a bumpy one for many former foster youth turning 18 and leaving the foster care system. Far too often, many young adults, despite dreaming of a higher education, are not able to realize this dream due to no fault of their own. Tragically, many become homeless or victims of violent crimes once they are cut off from any support system.



Today, many former foster youth in San Diego can make their educational dreams come true thanks to CAPF Guardian Scholars.

On June 18, 50 former foster youth, their guests and CAPF supporters came together to celebrate their

selection as 2007-2008 CAPF Guardian Scholars. This year’s annual awards dinner was held at the Bahia Hotel and Resort on Mission Bay. Two-year recipient Justin Anastasia spoke about the day he decided that the key to his future success included a college degree. He also shared with new students the importance

of working hard and opportunities the CAPF Guardian Scholars program provides to students. Justin, who received the highest GPA of all Guardian Scholars for the fall semester, plans to become a surgeon.

Guardian Scholars provides

Phil's B.B.Q. San Diego Raises Funds and Awareness for CAPF

On February 11, the new Phil's BBQ in Point Loma held its "soft" grand opening for friends and family and collected over \$1,400 for CAPF. Many thanks to all who donated, owners Phil Pace and Jeff Loya, managers and longtime CAPF supporters Josh Kemble and Aaron Lomac, who worked the door!

students with money to attend college or a vocational school and, just as important, gives them a safety net of mentors and an on-campus support network to help ensure that their dreams of a higher education come true.

Congratulations to each of our Guardian Scholars. And congratulations to our newest college graduates, Crystal Davis and Kaia Claigue.



Two dozen ways to say "I love you" to your child

1. **Speak kindly to your child.**
2. **Say "I trust you."**
3. **Meet eyes when you speak.**
4. **Say "please" and "thank you."**
5. **Ask "Do you want to talk?"**
6. **Listen. Listen. Listen.**
7. **Be there.**
8. **Set attainable goals.**
9. **Allow mistakes.**
10. **Say "I'm proud of you."**
11. **Say "I'm sorry" and ask forgiveness.**
12. **Tell the truth.**
13. **Ask "How do you feel about...?"**
14. **State limits and consequences clearly.**
15. **Acknowledge feelings.**
16. **Catch your child being good.**
17. **Accept responsibility.**
18. **Smile.**
19. **Ask "Can I help you?"**
20. **Ask for ideas and suggestions.**
21. **Use a soft voice.**
22. **Hug – often.**
23. **Make "Good morning!" the first thing you say each day.**
24. **Make "I love you" the last thing you say each night.**

Local Motorcyclists Hit the Road for Stan Miller's "Give Your Heart to Kids" Ride



We salute 2007 chair, Stan Miller, for the hundreds of volunteer hours he worked and his true passion to make San Diego a better place to live for all children.

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There was nothing but smiles on June 9 when 175 motorcycle enthusiasts took to the road for the "Give Your Heart to Kids" Ride to benefit CAPF and Camp Hope. Event chair and News 8 anchor, Stan Miller, rallied participants for the 120 mile journey through San Diego's North County and Temecula Valley to raise awareness and funds for child abuse prevention programs in our community. The sight was amazing as the motorcycles, escorted by San Diego Police Department and the CHP, left Canyon Crest Academy in Carmel Valley and made their way up interstate 15 with Chopper 8 flying above.

The participants returned in the early afternoon to Canyon Crest for a well-deserved lunch donated by Rotisserie Affair Catering, music by Jack FM and a chance to bid on silent and live auction packages. This year's live auction featured two Harley Davidson motorcycles, San Diego Chargers photographer for a day, Padres luxury suite and a one-of-a-kind "Give Your Heart to Kids" surfboard designed by Dennis Murphy. Grand Marshal and world-renowned Harley Davidson artist and local resident Scott Jacobs auctioned his beautiful paintings.

The event raised more than \$50,000 for the Child Abuse Prevention Foundation and Camp Hope thanks to the dedication of this year's planning committee, sponsors, donors and riders.

October 6, 2007

**Annual Chefs & Champions for Kids Gala
SAVE THE DATE!**

Join us for this year's Chefs & Champions for Kids, presented by Marc-Aaron Realtors. The event is hosted by Craig and Rebecca at their breathtaking home by the sea in Point Loma. San Diego's top restaurants and chefs will be featured and our CAPF champions will be honored. For more information, or to sponsorship opportunities, call Tonya Torosian at (858) 278-4400 ext. 16.

Upcoming Events